

9 in 1 Ultrasonic 40K Cavitation with Rotary – Rotating RF and Lipo Laser



Model: ArianaSpas Rotary - 9

Disclaimer

This machine is meant to be used by trained personnel only. Improper usage of this machine can cause injury or death.

- Please read the instructions in detail and keep them nearby for further reading and consultation.
- Please follow the instructions to set-up and operate the machine correctly.
- Please do not remove and modify any accessories of the machine.
- This machine should only be opened by trained professionals.
- If there are any issues with the machine, please stop using it and contact us for a resolution.
- This device does not treat medical ailments or disease. For any medical issues, please contact your physician.

Contents:

- 1) Main Machine x1
- 2) 360° rotating RF handle for face x1
- 3) 360° rotating RF handle for eye x1
- 4) 360° rotating RF handle for body x1
- 5) 40K Handle x1
- 6) Vacuum RF Handle x1
- 7) Cold and Hot Hammer x1
- 8) BIO Microcurrent Handpiece x1
- 9) Laser Pads x8
- 10) Parts Rack x1
- 11) Filter x1
- 12) Fuse x2
- 13) Power cord x1

Warranty & Support

Most issues are due to incorrect setting. If you are experiencing an issue please make a

Small Cell Phone Video and send via text to (571) 418 4858.

One of our technicians will review it and advise with a solution.

Your Ariana Spa Supplies-branded hardware product (“Product”) is warranted against defects in materials and workmanship for a period of ONE (1) YEAR from the date of original retail purchase (“Warranty Period”) when used in accordance with Ariana Spa Supplies’ user manuals. If a defect arises during the Warranty Period, Ariana Spa Supplies, at its option will (1) repair the Product at no charge using new parts or parts that are equivalent to new in performance and reliability, or (2) exchange the Product with a product with equivalent functionality formed from new and/or previously used parts that are equivalent to new in performance and reliability or with your consent, a product that is at least functionally equivalent to the product it replaces. This warranty excludes normal depletion of consumable parts such as batteries unless failure has occurred due to a defect in materials or workmanship and, damage resulting from abuse, accident, modifications, unauthorized repairs or other causes that are not defects in materials and workmanship.

Ariana Spa Supplies does not warrant, represent or undertake that it will be able to repair or replace any Product under this warranty without risk to and / or loss of information and / or data stored on the Product. In no event shall Ariana Spa Supplies be liable for (a) loss or damage, which as of the product’s purchase cannot be regarded as being caused by Ariana Spa Supplies’ breach of these warranty terms; or (b) losses caused by the user’s fault, loss of data or loss of profits or benefits.

Any limitations of liability in this warranty document shall not apply to (i) death or personal injury pursuant to any mandatory law on product liability; (ii) fraud or fraudulent misrepresentation; (iii) intentional misconduct or gross negligence; (iv) or a culpable breach of major contractual obligations. A damages claim based on a breach of major contractual obligations or gross negligence will be limited to foreseeable damage typical for the sale contract concerned.

To obtain warranty service, contact Ariana Spa Supplies at Ariana Spa Supplies, 42715 Chisholm Drive, Broadlands, VA 20148. Customers are responsible for shipping charges to get the item back to us and for return shipping cost once the item is repaired or replace.

Table of Contents:

1. Introduction to Manual.....	5
1.1 Purpose	
1.2 Legend	
2. Medical Safety	6
2.1. Contraindications	
2.2. Precautions	
2.3. Client Safety	
3. Features	8
4. Detailed Operations.....	9
4.1 Function Selection	
4.2 Detailed 360° rotating RF	
4.3 Detailed Operations for Vacuum RF	
4.4 Detailed Operations for 40K	
4.5 Detailed Operations for cold and hot hammer	
4.6 Detailed Operations BIO LED Mircocurrent	
4.7 Detailed Operations for Laser Pads	
5. Technical Parameters.....	17
6. Restrictions on Use.....	18
7. Precautions	18
8. Troubleshooting & Solutions.....	19
9. FAQs.....	20
10. Operational Diagrams	22

1. Introduction to Manual

1.1 Purpose

This manual provides a description of the system components, its controls and displays, instructions for its operation, and other equipment information relevant to the user.

 Warning: Do Not operate this machine before reading this manual thoroughly. In addition to this manual, additional training may be available.

1.2 Legend

 Note: This Indicates important information

 Warning: Necessary and vital information for the safety of the patient and/or user.

All procedures are broken down by numbered steps. Steps must be completed in the sequence they are presented.

Bulleted lists indicate general information about a particular function or procedure. They do not imply a sequential procedure.

2. Medical Safety

2.1. Contraindications

This machine is not intended for use in patients with:

- Open wounds or lesions on the face and/or neck
- Severe or cystic acne on the face and/or neck

2.2. Precautions

The cavitation vacuum RF micro current photon machine should not be used on clients that have the following:

- Mechanical implants
- Dermal fillers
- Implanted electrical devices in the face and/or neck
- Metal stents in the face and/or neck area
- Existing keloid(s)
 - The following areas should be avoided during treatment:
- Thyroid gland, thyroid cartilage and trachea
- Major blood vessels
 - The cavitation vacuum RF microcurrent photon machine has not been evaluated for use in the following client populations:
- Pregnant or breast-feeding women
- Children
- Those with the following disease(s):
 - A hemorrhagic disorder or hemostatic dysfunction
 - An active systemic or local skin disease that may alter wound healing
 - Herpes simplex
 - Autoimmune disease
 - Diabetes
 - Bell's palsy

2.3. Client Safety



Warning: This machine is to be used only by trained and qualified professionals.



Warning: Cavitation vacuum RF micro current photon machine should not be used on a client's eyes or in a location or technique where ultrasound energy can reach the eye.



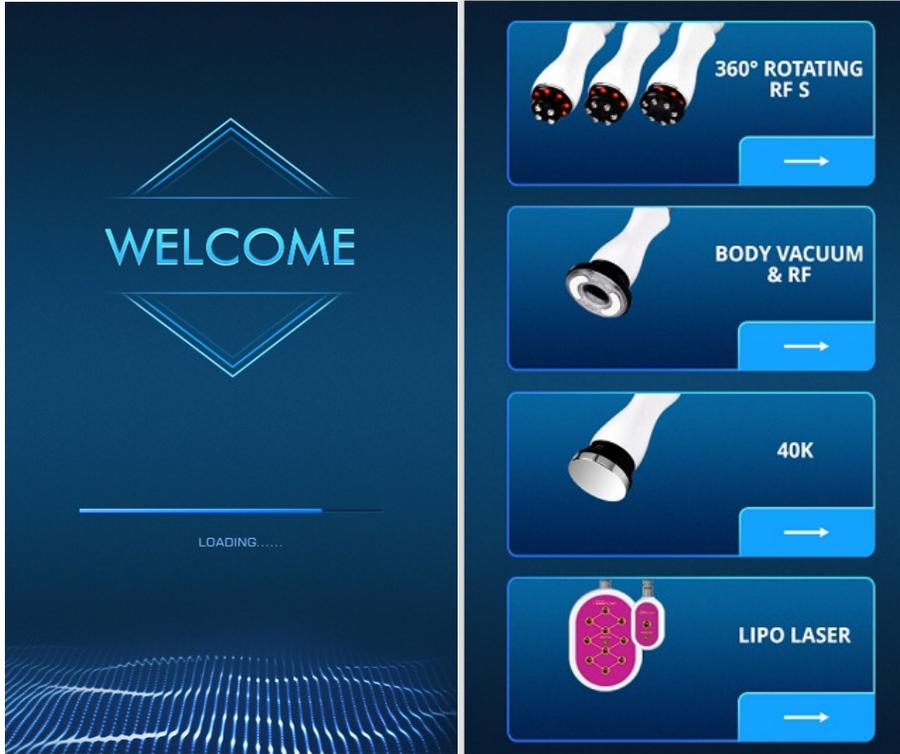
Warning: If any problems occur during system operation - lift the transducer off the client's skin, press the PAUSE button to completely halt system operation.

3. Features

- This is a painless treatment that is both safe and effective.
- This is a non-surgical, non-invasive process.
- The treatments do not have any adverse side effects and do not interfere with daily life.
- Firms the arms, legs, thighs, buttocks, waist, back, abdominal muscles to reshape the body.
- Provides feelings of: soothing, decompression and pain relief (such as joint pain, sciatica).
- Promotes the regular mechanical aerobic exercise of skin tissue to rapidly relieve stress and remove fatigue.
- Firms, lifts and compacts facial skin by promoting cellular metabolism. Up to 100% more collagen and may be available to help improve skin elasticity.

4. Detailed Operations (Time, energy level, mode and suction can be adjusted according to individual bearing capability and demands.)

Check the device and make sure it's properly connected. The following page will appear after having the device turned on.



4.1. Function Selection



Homepage/Home Page

START

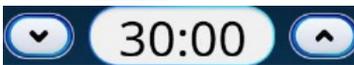
Start/Pause



Return



Mode Switch



Time Setting & Display



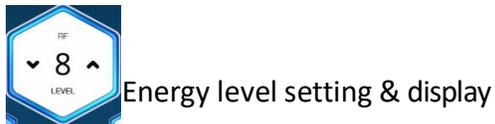
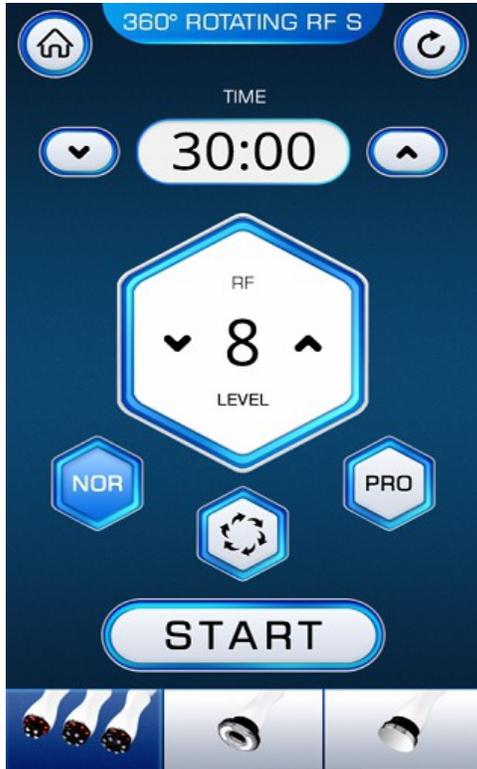
Rotating knob for Vacuum RF suction setting (spin to the right to increase suction

and spin to the left to decrease).

4.2. Detailed 360° rotating RF



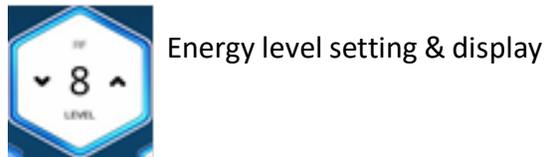
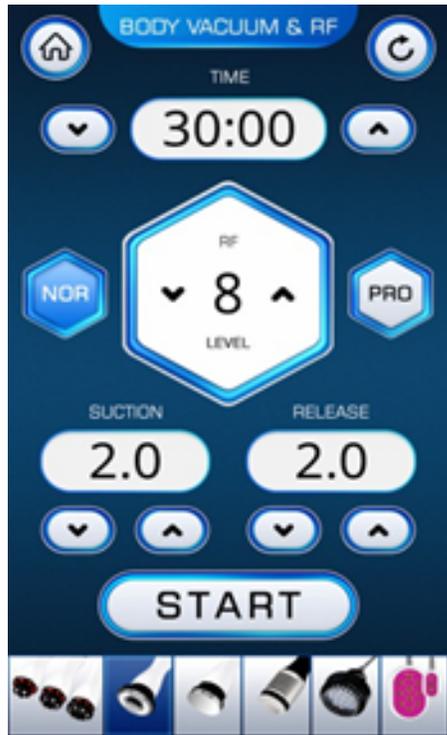
Select  Enter the next page



Working mode for RF (NOR is smart mode. The red light will on after touching skin. The temperature for RF will reach the setting value slowly. PRO is default mode. The red light will on all the time after clicking the start button. The temperature for RF will reach the setting value directly.)

4.3. Detailed Operations for Vacuum RF

Select  Enter the next page.



Energy level setting for vacuum RF



Working mode for RF(NOR is smart mode. The red light will on after touching skin. The temperature for RF will reach the setting value slowly. PRO is default mode. The red light will on all the time after clicking the start button. The temperature for RF will reach the setting value directly.)



Time setting for Vacuum suction(suction time > release time)

Time setting for Vacuum release (when the time is zero it's direct suction mode) Page 11

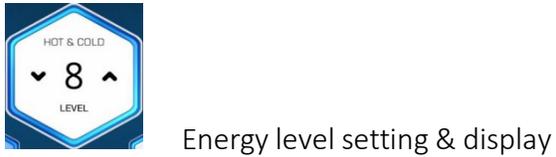
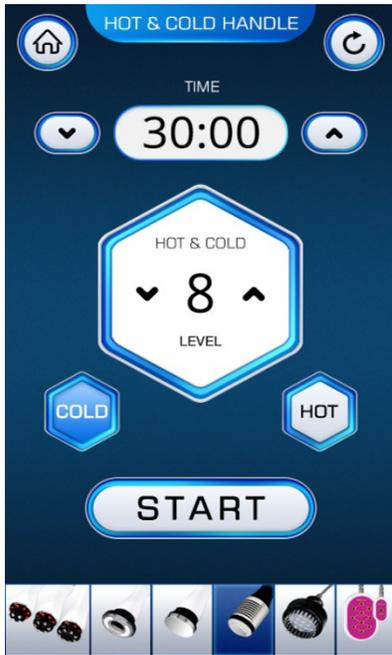
4.4. Detailed Operations for 40K



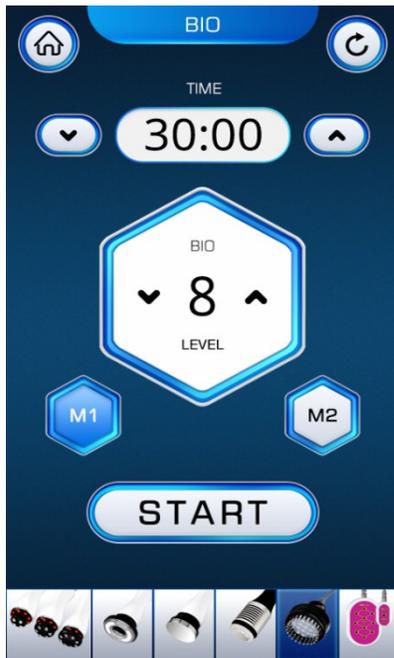
Energy level setting for vacuum RF



4.5. Detailed operation for cold & hot hammer



4.6 Detailed operation for BIO LED Mircocurrent



Microcurrent  M1-current frequency is

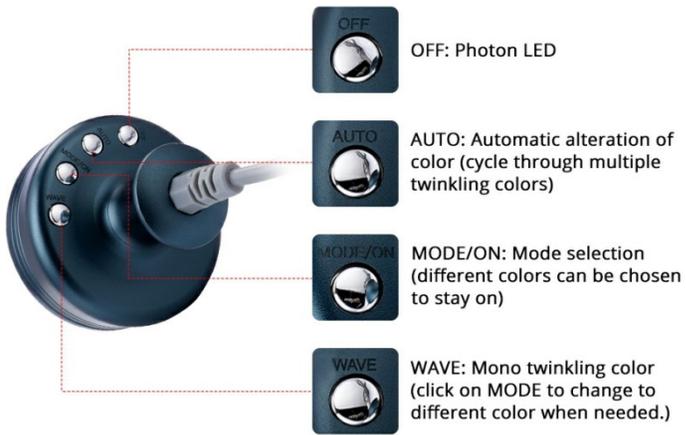
comparably slow  M2-current frequency is comparably fast

Light adjusting for BIO handle are as follow:

Microcurrent and Photon Handle



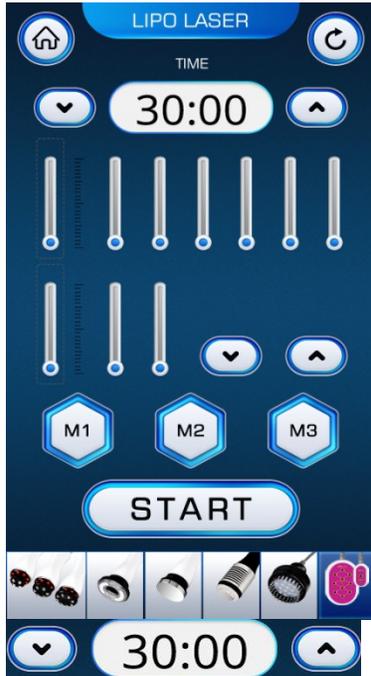
7 Colors 17 LEDs



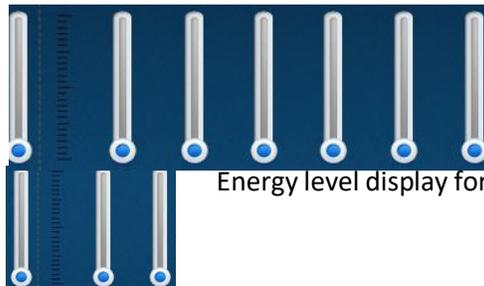
4.7 Detailed Operations for Laser Pads



Select  Enter the next page



Time setting



Energy level display for big laser pad

Energy level display for small laser pad



Energy level setting

Laser pad on the left side is for adjusting all the laser pads. If only adjust single laser pad, click one laser pad first and then press energy setting button to change the level.



Continuous working mode (laser pads will on all the time, suitable for people using it first time and just started to use it)



Uncontinuous working mode (laser pads flash slowly, suitable for people want to maintain and reinforce body shaping)



Fast flashing mode (laser flashes quickly, suitable for people want to reduce weight urgently)

5. Technical Parameters

Power supply Input:100V-240V
Power :190W

40K Unoisetion Cavitation 2.0
Handle Frequency:40KHz
Power:20W

Sextupole Rotating RF
Handle Freqeuncy:1MHz
Power:30W

Vacuum RF Head
Frequeuncy:3MHz
Power:50W
Vacuum: <-80kPa
Pressure: >250kPa
Air flow: >10L/minute
Noise level:<70db(30cm away)

4 Pole Rotating RF handle
Frequency: 1MHZ
Power:30W

8 Pole Rotating RF handle
Frequency: 3MHZ
Power:50W

Cold Hot Hammer
Cold: 0-5 degree
Hot: 45 degree

Microcurrent & Photon
7 Colors: Red, Blue, Green, Purple, Orange, Turquoise, White

Led laser wavelength: 635nm ~650nm
Power of each light: 5mw
Energy output :64 x 5mW =320mw (6 big pads *10 light/each+2 small pads * 2 light/each)
Mains power output: 100VA

6. Restrictions on Use

People with following symptoms should use with caution. Ask a doctor or professional before using this device. The details are as follow:

1. Women in pregnancy, or lactation;
2. People with heart disease or with heart pacemaker;
3. People with unhealed surgical wound or in recovery;
4. People with epilepsy, severe diabetes, and hyperthyroidism;
5. People with malignant tumors, hemophiliac or severe bleeding;
6. People with skin diseases and infectious diseases should use with caution;
7. People who are sensitive to electric current should use caution.

7. Precautions

- The plug with grounding pin must be used before using the device and make sure the power socket is properly grounded.
- Ensure that the voltage is adaptive. If the voltage of the local power supply is unstable, we suggest that the user add a voltage regulator with matching power between the mains supply and the device.
- To ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.
- The instrument should not be placed in damp places or near water sources, and should not be exposed to sunlight directly.
- Do not place the instrument near a strong heat source because this may affect the service life and its normal use.
- Please remove all metal objects from the body before treatment so as to avoid unexpected conditions which may affect the curative effect.
- Please refrain from using the device aiming at eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
- People who are suffering from illness should use with caution except get permission from a doctor.
- Please turn off the power switch if no one use it, and ensure that the main power is turned off before people leaves and after daily use, so as to ensure the safety of the device.
- Use the device or train device operators in strictly accordance with instructions specified in the user manual.
- It's recommended to stop taking other weight reduction medicine for 1 to 2 months before treatment if you are taking them now. The course of treatment shall be extended if you wish to lose weight immediately.
- Don't use the instrument with an empty stomach. Wait at least 1 hour after a full meal, and then you can start the course of treatment for weight reduction.
- During operation, the instrument should contact the skin fully so as to avoid uneven heating.
- Start from the lowest energy level and slowly add up after get used to it.
- When using this device, the operating parts must be kept moist and dry skin should be avoided.

- Clean the instrument with normal saline after operation so as to ensure its cleanliness and hygiene and prolong its service life.
- Don't use overly high level of suction when treat the face with Vacuum RF so as to avoid measles.
- Ensure the laser pads fasten to the client first before treatment, and then start the device and adjust the energy level. Adjust the level from low to high slowly to make sure the client feel warm and comfortable.
- Must apply with high content of oil product and keep it moisture.
- When using the laser pads, the whole surface of it should be in contact with the skin fully and can not only touch with a small area.
- The laser pads can be used separately, and can be fixed on the fat part directly. Set the energy before use. Treatment time for single part is about 20 to 30 minutes. A better effect can be achieved with the use of massage, RF and ultrasound device.

8. Troubleshooting & Solutions

1. The device cannot be started, and the light on the back of the device is not working?
 - A. Make sure the power cord is connected to a good power socket.
 - B. Check the fuse tube on the back of the device. Maybe it's loose or burnt out.
2. The RF output is not working?
 - A. Please check the handle of the device and the plug. Whether they are closely connected with each other.
 - B. Please check whether the treatment area has been cleaned. Grease or oil essential products may cause poor contact between handle and human body, which will result in no RF output.
3. Weakened RF output?
 - A. Please check whether the handle and the plug is closely connected.
 - B. Please check whether there is non-conductive grease on the handle, which will cause poor contact and weaken the output.
 - C. Please check whether the product used is the adaptive product specified by the device.
4. No suction or with small suction?
 - A. Turn off the instrument and check the specialized filter, which may need to be replaced.
 - B. Check the rubber ring of the handle plug since a worn rubber ring may cause air leakage.
 - C. Check whether the oil filter cup outside the filter is tightened, and whether the rubbering is worn. It's possible that air leakage in this place may lead to poor air pressure.
 - D. If the above-mentioned solutions are not working, please contact instrument dealer for assistance.
5. The device can be started, but the monitor shows wrong information?
 - A. Take out the plug in the back of the instrument, and wait for about 1 minute and re-plug and restart the device.
 - B. If the above-mentioned solutions are not working, please contact instrument dealer for assistance.

9. FAQs

1. Q: How long does the effects of RF treatment can be seen?

A: Under normal circumstances within the day or a week. Skin collagen tissue will produce contractions under heating. An obvious skin tightening can be felt. RF works by stimulating subcutaneous tissue with sustainable collagen regeneration. Therefore, the more you do it the more visible effect you may experience.

2. Q: Is RF harmful to skin?

A: RF treatment is a non-surgical one. It stimulates collagen regeneration at skin bottom and accelerates metabolism, therefore cause no harm to the skin. Partial redness and heating will occur after treatment, which is the normal phenomenon of accelerated blood circulation, and will disappear itself after a moment. Therefore, there's no need to worry.

3. Q: How long does the body firming and shaping treatment take?

A: The time for one treatment is 60 minutes. We will combine the use of professional techniques and instruments to achieve a better effect.

4. Q: What are all the functions of this instrument?

A: Fat dissolving and body shaping, skin smoothing and rejuvenation, tightening and lifting, youth restoring and anti-aging. It can be operated all over the body. For face, it can sculpt facial outline, alleviate wrinkles and saggy skin. For body, it can reduce fat on local part and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

5. Q: Which one is better in weight reduction, liposuction or this machine?

A: The principle of liposuction is sucking out the excess fat in a certain body part through vacuum suction and so as to achieve the purpose of losing weight quickly on local body parts. It has an instant effect, and requires anesthesia during the operation, and with recovery period. It's an operation and there is risk. However, this machine is risk-free and has no side effects. It can stimulate collagen regeneration so as to lift and tighten skin while weight reduction. It can also shape perfect curves by lifting and boost feminine charm.

6. Q: Will I experience rebound after operation?

A: For ultrasonic fat dissolving, the weight will not get rebound easily after reduction. Since ultrasonic fat dissolving is remove fat instead of moisture, and it takes a long time for fat to be accumulated, so the weight will not get rebound easily.

7. Q: Do I need to be on a diet?

A: You need to control what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. Avoid eating spicy, oily, or fried food so as not to affect metabolism. Proper workout and sweating will help with the process. In this way a better effect on weight reduction can be achieved.

8. Q: Does it have any side effects on the body?

A: RF beauty treatment is non-invasive and so far the safest and effective method to remove wrinkles and shape body. Generally speaking, there is no side effects. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience dryness and atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on body health.

9. Q: Can ultrasound be operated all over the body?
 A: Ultrasound breaks fat cells and causes the burst of cell. Then fat in the cell flow out and absorbed and metabolized by lymph, therefore it has a strong power. The heart is very sensitive to sound wave since our heart is a hollow organ. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way after the heart is vibrated by the sound wave. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, shun eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)
10. Q: Does ultrasound have side effects on human body?
 A: Ultrasound requires no surgery, no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) -blast fat through cavitation - ultrasound focusing. And the results are fat smashing - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear during the treatment, which is normal and don't have to worry.
11. Q: Why does tinnitus occur?
 A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".
12. Q: What is collagen?
 A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20, women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40, the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc. Therefore, in order to delay aging, collagen must be supplemented.
13. Q: Why do I need hip maintenance?
 A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely brings about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.
 If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color, clot, deterred blood flow and meridian channels. It also affects fertility.
14. Q: How does Vacuum detoxify?
 A: Vacuum can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins, heat and so on.

15. Q: Does laser fat dissolving get rebound?

A: The quantity of fat cells in body is fixed. With the increasing of age, the quantity will become constant after being an adult. The increase of weight is due to the increase of fat cell size. Laser fat dissolving remove local fat structure and reduce the size of fat. Even only a few cases of rebound occur it doesn't mean the rebound will not appear definitely. Under normal conditions, there is no rebound as long as you develop a good eating habits and do not eat and drink too much every day.

16. Q: Does weight reduction with laser need control eating and need doing exercise?

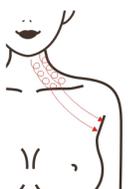
A: weight loss with laser treatment has an obvious effect, but we can't rely on it alone. For example, we don't control what we eat and drink and eat too much after we reach the target of weight reduction, then there is a possibility that rebound will occur. Keep one point in mind that there is no such weight loss product guaranteeing lasting effect. Therefore, weight loss with laser is a supplemental way for weight reduction. When we reach the target of weight reduction and stop it we still have to control what we eat and do exercise.

10. Operational Diagrams

Parameters Setting	Product	Techniques	Diagrams
Anti-aging & Skin Tightening-60 Minutes/Once a Week			
Facial RF: Advised time: 15 to 20 minutes Advised energy	Makeup Remover+Facial Cleanser+Cold & Hot	<ol style="list-style-type: none"> 1. Remove makeup and clean the face, and wait for 5 minutes. 2. Apply moisture mask and use hot steam. Wait for 10 	Technique 5, 7 

<p>level: between 3 to 7 Mode: NOR: Default tMode PRO: Smart Mode</p>	<p>Steam+Massage Cream+Hydro Mask+Essence+Facial Mask</p>	<p>minutes. 3. Wash the face, and wait for 2 minutes. 4. Apply toner, and wait for 1 minute. 5. Apply massage cream evenly on the face and massage. Repeat 3 times. 6. Press Chengjiang (Ren-24), Renzhong (Du-26), Dicang (St-4), Jiache (St-6), Yingxiang (LI-20), Jingming (BI-1), Cuanzhu (BI-2), Yuyao(EM3), Sizhukong (TE-23), Tongziliao (Gb-1), the Temple, Chengqi (St-1), Sibai (St-2), and press for 3 times. 7. Caress the whole face. Do it for 3 times. 8. Lift from chin to earlobe, from the corner of mouth to ear gate, from nose wing to temple, from lower eyelid to temple, and lift the corner of eye with two hands doing it alternately in three lines. 9. Repeat the same on the other side. 10. Lift forehead towards hairline direction. Repeat 3 times. 11. Flip and lift the face with rotating finger. Repeat 3 to 5 times. 12. Flip the forehead towards hairline direction with single hand. Repeat 3 to 5 times. 13. One side-lift and flip the face with two hands doing it alternately. Do it for 2 to 3 minutes. 14. Do the same on the other side. 15. Move zigzag on the whole forehead with the middle and ring finger. Slide to the front of ear and lift to and fro 3 times, and pass over the back of ear.</p>	<p>Technique 6  Technique 8, 17  Technique 10, 12, 19  Technique 15  Technique 17  Technique 19 </p>
---	--	---	--

		<p>16. Treatment done.</p> <p>17. Techniques for RF handle-lift one line after another from chin to ear gate, from the corner of mouth to ear gate, from nose wing to temple. Repeat 3 times.</p> <p>18. Do the same on the other side.</p> <p>19. Lift from forehead towards hairline direction. Repeat 3 times.</p> <p>20. Wash the face, and wait for 2 minutes.</p> <p>21. Apply hydro mask evenly on the face, and wait for 10 minutes.</p> <p>22. Remove the mask and waitfor 2 minutes.</p> <p>23. Apply toner, and wait for 1 minute.</p> <p>24. Apply facial mask and waitfor 1 minutes.</p> <p>25. Remove the mask and clean the face, and wait for 2 minutes.</p> <p>26. Apply toner, essence and facial cream to prevent sunburn.</p> <p>27. Treatment done.</p>	
<p>Course of treatment recommended: Ten treatments is a course. After one treatment the skin will become tightened and rejuvenated, and got replenished with the nutrition needed. After a course the skin will be improved and turn glossy. After two courses the skin will become smooth, plump and with its outline become clearer slowly. After 3 courses the skin metabolism and detox will be boosted. And it helps to fade coloring matter and dark skin, and to prevent and delay the aging, loosening and sagging of skin, and to prevent collagen proliferation on deep skin, which will make skin tender and smooth and tightened and with gloss.</p>			
<p>Neck Maintenance-60 Minutes/Once a Week</p>			

<p>Facial RF: Suggested time-15 to 20 minutes Suggested energy level-3 to7 Mode: NOR-Default</p>	<p>Make-up Remover+ Facial Cleanser+ Massage Cream+ Essence+Ne ck Mask</p>	<ol style="list-style-type: none"> 1. Remove make-up and clean the face. Wait for 5 minutes. 2. Apply toner, and wait for 1 minute. 3. Massage neck. Lift in the front of chest and apply oil with both hands, and lift to the back of neck, and press 	<p>Technique 3</p>  <hr/> <p>Technique 4</p>
<p>Mode PRO-Smart Mode</p>		<ol style="list-style-type: none"> 4. Lift jaw and double chin with both hands doing it alternately, and lift to armpit via the back of ear, and pass under armpit. Repeat 3 times. 5. Poke three channels and collaterals on the neck side with the V-shaped webbed area between thumb and index finger, and to armpit and pass under there. Repeat 3 times. 6. Poke three channels and collaterals on the neck side with four fingers, and to armpit and pass under there. Repeat 3 times. 7. Rub the neck side with kneeling fingers till it turns hot, and rub till armpit and pass under there, 3 times. 8. Poke the external collarbone with the V-shaped webbed area between thumb and index finger, and to 	<p>Technique 5, 6, 7</p>  <hr/> <p>Technique 11</p>  <hr/> <p>Technique 12</p>  <hr/> <p>Technique 14</p> 

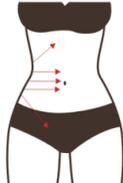
		<p>armpit. Repeat 3 to 5 times.</p> <p>9. Do the same on the otherside.</p> <p>10. Treatment done.</p> <p>11. Facial 360° Rotating RF Techniques-coupled with hands, lift the double chinto armpit via the back of ear, and pass under the armpit, 3 times.</p> <p>12. Move the device in circles on the side of neck till armpit in three lines, and pass under there. Repeat 3times.</p> <p>13. Slide the device from internal and external collarbones to armpit, and</p>	
		<p>pass under it. Repeat 3 to 5 times.</p> <p>14. Move the device in circles around the neck. Repeat 3 times.</p> <p>15. Do the same on the other side.</p> <p>16. Wipe and wash the neck with hot towel, 2 minutes.</p> <p>17. Apply neck mask and wait for 15 minutes.</p> <p>18. Wash with hot towel. Apply hot compress for 5minutes.</p> <p>19. Apply toner, neck essence and neck cream to prevent sunburn.</p> <p>20. Treatment done.</p>	

Course of treatment recommended

Ten treatments is a course. After one treatment the skin will become rejuvenated and delicate. After a course the skin on the neck will become smooth, and lymph circulation will be accelerated. After two courses the skin will become tightened, and fine lines on neck faded, and double chin improved. After 3 courses the skin will turn delicate and glossy, tightened and plump. And it helps to accelerate lymph detox, and improve dullness on the face, and remove acnes, as well as delay the aging of skin and rejuvenate it.

Waist & Abdomen Sculpting-60 Minutes/Once a Week

<p>40K: Suggested time-10 to 15 minutes Suggested energy level-3 to 7 Mode: M1-continuous working M2-uncontinuous working</p> <p>Vacuum RF: Suggested time-10 to 15 minutes Suggested energy level-3 to 7 Mode:</p>	<p>Massage Cream(Essence Oil)+Gel+Device</p>	<ol style="list-style-type: none"> 1. Massage techniques. 2. Move in circles on abdomen with two hands, and apply oil on it. Repeat 3times. 3. Massage the belly back and forth with two hands doing it alternately. Repeat 3 to 5 times. 4. Rub the fat on abdomen as the way of rubbing spine with both hands doing it alternately, 3 times. 5. Lift belt vessel on both sides together with hands doing it alternately. Repeat 16 times. 6. Move in 8-shape to the part below waist and then lift 	<p>Technique 2, 8, 11</p>  <hr/> <p>Technique 3, 19</p>  <hr/> <p>Technique 4</p> 
---	---	--	--

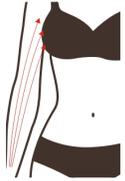
<p>NOR-Default Mode: PRO-Smart Mode Suction-Time for suction Release-Time for release Time for suction and release can be set freely. When the time for release is zero its direct suction mode.</p> <p>Laser pads: Suggested time-20 minutes Mode: M1-Always on M2-Slow flashing M3-Fast flashing</p>		<p>upwards from waist side, 3 times.</p> <ol style="list-style-type: none"> 7. Rub intestinal tract with two hands overlapped moving small circle in clockwise, 3 times. 8. Caress with hands moving in circles, 3 times 9. Press Shangwan(RN13), Zhongwan(RN12), Xiawan(RN10), Shenque(RN8), Qihai(RN6), Guanyuan(RN4), Zhongji(RN3), Tianshu(ST25), Daheng(SP15), Qugu(RN2), 2 times. 10. Push directly from Zhongji(RN3) to belly button with thumbs of both hands, and slide to the parts below waist along the two sides, and then lift upwards to groin, 2 times. 11. Caress till groin with both hands 12. Treatment done. 13. 40K Techniques: One side-Lift from waist side to belly, and lift one line after another to groin, 3 times. 14. Lift the other side, 3 times 15. Move in small circle on abdomen, 3 times 16. Move in big circles on abdomen, 3 times 17. Vacuum RF Techniques: Interval suction mode-Move from left to the right and vice versa with one side, 3 times. 18. Coupled with hands, lift from the left and right side to groin respectively, 3 times. 19. Direct suction mode-Lift one line after another from 	<p>Technique 5</p>  <hr/> <p>Technique 6</p>  <hr/> <p>Technique 7</p>  <hr/> <p>Technique 9</p>  <hr/> <p>Technique 10</p>  <hr/> <p>Technique 13, 19, 24</p>  <hr/> <p>Technique 15</p> 
--	--	---	--

		<p>waist side to abdomen, 3 times.</p> <ol style="list-style-type: none"> 20. Lift the other side. 21. Lift belt vessel back and forth in a crossly way, 3 times. 22. Sculpt/Shape up and down on waist. Repeat 3 to 5 times. 23. Move in big circles on abdomen, 3 times. 24. One side-Lift one line after another from waist side to belly, 3 times. 25. Laser pads techniques-Fasten the laser pads to the waist and abdomen for 20 minutes. 26. Remove the laser pads. 27. Treatment done. 	<p>Technique 16, 23</p>  <hr/> <p>Technique 22</p> 
--	--	--	---

Course of treatment recommended: Ten treatments is a course. After one treatment, the abdomen is heated which will accelerate metabolism. After a course, the fat will be metabolized slowly. The process for weight reduction starts, and meanwhile constipation improves. After two courses, the effects become more obvious. Skin tightened and lifted, collagen on deep skin increased, and stretch marks and loosening skin improved. After three courses the effects are consolidated. Excess fat will disappear gradually, and waist curve will be shaped, which will help with building a slim waist.

Arm Sculpting-60 Minutes/Once a Week

<p>40K: Suggested time-10 to 15 minutes Suggested energy level-3 to 7 Mode: M1- Continuous working mode M2- Uncontinuous working mode</p> <p>Body RF: Suggested time-10 to 15 minutes</p>	<p>Massage Cream (Essence Oil)+Gel+Device</p>	<ol style="list-style-type: none"> 1. Technique 2. Lay the arms flatwise with the left first and the right after, and apply oil on both hands, and rub from the lower arm to the entire arm till the palms reach the top end. Repeat 3 times. 3. Push the entire arm with two palms doing it alternately. Repeat 3 times. 4. Push three channels and collaterals (Large Intestine Channel [LI]-Triple Energizer Channel [TE]-Small Intestine Channel [I]) on the outer 	<p>Technique 2, 3, 4, 5, 6, 7</p>  <hr/> <p>Technique 8, 9</p>  <hr/> <p>Technique 10</p>
---	---	--	---

<p>Suggested energy level-3 to 7 Mode: NOR: Default Mode PRO: Smart Mode</p> <p>Laser pads: Suggested time-15 minutes Mode: M1-Always on M2-Slow flashing M3-Fast flashing</p>		<p>arms respectively with the V-shaped webbed area between thumb and index finger, and push to armpit. Repeat 3 times.</p> <ol style="list-style-type: none"> 5. Caress the treatment area. Repeat 3 times. 6. Rub three channels and collaterals on the upper arms respectively with kneeling fingers till it turns hot, and rub it back and forth. Repeat 3 times. 7. Caress the treatment area. Repeat 3 times. 8. Lay the arms upwards, and push three yin channels (Lung Channel [LU]-Pericardium Channel [PC]-Heart Channel [HT]) on the inner arms with the V-shaped webbed area between thumb and index finger, and push to armpit. Repeat 3 times respectively. 9. Rub three channels and collaterals back and forth with kneeling fingers till it becomes hot. Repeat 3 times. 10. Caress the treatment area till the palms reach the end. 11. Repeat the same on the other side. 12. Treatment done. 13. 40K Techniques- Lay the arms flatwise, and start from the fat part of lower arm pushing to armpit along three channels and collaterals. Repeat 3 times. 14. Move in annular motion tracing three channels and collaterals till armpit. Repeat 3 times. 15. You may exercise more treatment on flabby arms. 	 <p>Technique 13, 16, 21, 24</p>  <p>Technique 14, 15, 22, 23</p>  <p>Technique 17, 25</p>  <p>Technique 19, 27</p> 
--	--	---	---

		<p>Repeat 3 to 5 times.</p> <ol style="list-style-type: none"> 16. Push to armpit along three channels and collaterals. Repeat 3 times. 17. Lay the arms upwards, and push three channels and collaterals on the armsto armpit. Repeat 3 times. 18. Move in small circles alongthree channels and collaterals on the upper arms to armpit, 3 times. 19. Start from the upper arm pushing to armpit along three channels and collaterals. 20. Do the same on the otherside. 21. Body 360° rotating RF techniques-Start from the fat part of lower arm pushing to armpit along three channels and collaterals. Repeat 3 times. 22. Move in annular motion tracing three channels and collaterals till armpit. Repeat 3 times. 23. You may exercise more treatment on flabby arms. Repeat 3 times. 24. Push to armpit along three channels and collaterals. Repeat 3 times. 25. Lay the arms upwards, and push three channels and collaterals on the armsto armpit. Repeat 3 times. 26. Move in small circles tracing three channels andcollaterals on the upper arms till armpit. Repeat 3 times. 27. Start from the upper arm pushing to armpit along three channels and collaterals. Repeat 3 times. Do the same on the other side 29. Laser pads techniques-Fasten the laserpads to the fat part on the arms for 15 minutes. 30. Remove the laser pads. 31. Treatment done. 	
--	--	---	--

Course of treatment recommended : Ten treatments is a course. After one treatment, a sense of heating and tightening can be felt, and arms will be relaxed. After a course, the excess fat on the arms start to decrease, and the skin start to become tightened and plump. After two courses, body shaping starts, and the effects strengthened, channels and collaterals dredged, and physique enhanced. After three courses the effects consolidated and stabilized, and can prevent rebound.

Back Sculpting-60 Minutes/Once a Week

Body RF:
Suggested
time-10 to 15
minutes Suggested
energylevel-3 to 7
Mode:
NOR: DefaultMode
PRO: Smart Mode

Vacuum RF:
Suggested
time-20 to 30
minutes Suggested
energylevel-3 to 7
Mode:
NOR: Default
Mode
PRO: Smart Mode
Suction: time for
suction Release:
time forrelease
Time for suction
and release can
be set freely.
When the time
for release is zero

Massag
e
Cream(
Essence
Oil)+De
vice

1. Techniques
2. Apply oil on the back, and press Fengchi(GB20) and Fengfu(DU16).
3. Stroke Da Ban Jin(anadesma on the backand waist)(start from hairline) with the thumb finger, 3 to 5 times.
4. Stroke Bladder Meridian(BL) outward toBaliao(eight sacral foramina) with thumb finger and caress till Fengchi(GB20) and Fengfu(DU16), 3 times.
5. Move in circle and move in S-shape to caudal vertebra with both hands in S-shape,3 times.
6. Push Bladder Meridian(BL)in a left-right order with both hands doing it alternately, 3 times.
7. Push Bladder Meridian(BL)to Baliao(eight sacral foramina) with two hands doing it simultaneously, 3 times.
8. Push Bladder Meridian(BL)

Technique 2, 11



Technique 3

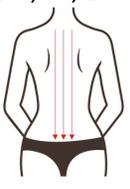
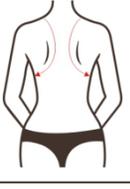
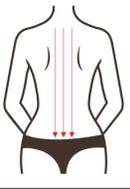


Technique 4



Technique 5



<p>its direct suction mode.</p>		<p>with kneeling fingers in three lines with both hands, 3 times.</p> <ol style="list-style-type: none"> 9. Push Gaohuans(BL43)/scapula in a left-right order with both hands doing it alternately, 3 to 6 times. 10. Stroke Gaohuans(BL43)/scapula with both hands, 3 to 6 times. 11. Caress the whole back with both hands and press Fengchi(GB20) and Fengfu(DU16), 3 times. 12. Press Tianzong(SI11) with both thumbs overlapped and to arms and pass over there, 3 times. 13. Treat the other side and press Tianzong(SI11) till arms and pass over there, 3 times. 14. Rub Du Meridian(DU) and Bladder Meridian(BL) till it turns hot with both hands. 15. Treatment done. 16. Body RF techniques- Treat with Du Meridian(DU) first and Bladder Meridian(BL) after. Starting from the neck, sliding the device to Baliao(eight sacral foramina) area. Repeat 3-5 times. 17. Move in circles on Dazhui (Du-14) and Baliao(eight sacral foramina) area. Do it 3 to 5 times respectively. 18. Starting from the neck, moving the device to and fro Da Ban Jin(anadesma on the back and waist). Repeat 3-5 times. 	<p>Technique 6, 7, 8, 14</p>  <hr/> <p>Technique 9, 19, 26</p>  <hr/> <p>Technique 10, 19, 26</p>  <hr/> <p>Technique 12, 13</p>  <hr/> <p>Technique 16, 23</p>  <hr/> <p>Technique 17, 24</p>  <hr/> <p>Technique 18, 25</p> 
---------------------------------	--	---	--

		<ol style="list-style-type: none"> 19. Lift to and fro Gaohuans(BL43)/scapula in left-right order. Repeat 3 to 5 times. 20. Move downwards in 8-shape motion on the whole back, and move crossly to Baliao(eight sacral foramina) area. Repeat 3 times. 21. Move upwards in annular motion on both sides, and move to armpit in left-right order. Repeat 3 times. 22. Lift from the side of the waist to armpit. Repeat 3 to 5 times. 23. Vacuum RF techniques- Treat with Du Meridian(DU) first and Bladder Meridian(BL) after. Starting from the neck, sliding the device to Baliao(eight sacral foramina) area. Repeat 3-5 times. 24. Move in circles on Dazhui (Du-14) and Baliao(eight sacral foramina) area. Do it 3 to 5 times respectively. 25. Starting from the neck, moving the device to and fro Da Ban Jin(anadesma on the back and waist). Repeat 3-5 times. 26. Lift to and fro Gaohuans(BL43)/scapula in left-right order. Repeat 3 to 5 times. 27. Move downwards in 8-shape motion on the whole back, and move crossly to Baliao(eight sacral foramina) area. Repeat 3 times. 28. Move upwards in annular motion on both sides, and move to armpit in left-right order. Repeat 3 times. 29. Lift from the side of the waist to armpit. Repeat 3 to 5 times. 30. Treatment done. 	<p style="text-align: center;">Technique 20, 27</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 21, 28</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique 22, 29</p> <div style="text-align: center;">  </div>
--	--	---	--

Course of treatment recommended

Ten treatments is a course. After one treatment, the back will become relaxed, and the stiffness on the shoulder and neck can be relieved, and the skin will be lifted. After a course, the back will become totally relaxed, and the fat on the back will be reduced, the bump on the back will be relieved, and the outlines will improve. After two courses, the bump on the back will be improved, Viscera Function will be boosted, digestion, detox and metabolism will be promoted. (one course with size reduced, two courses with effects consolidated, and three courses with effects strengthened without rebound.)

Buttock Scuplting-60 Minutes/Once a Week

Vacuum RF:
Suggested time-20 to 30 minutes
Suggested energy level-3 to 7
Mode:
NOR:
Default
tMode
PRO: Smart Mode
Suction: time for suction Release: time for release
Time for suction and release can be set freely.
When the time for release is zero its direct suction mode.

Laser pads:
Suggested time-20 minutes
Mode:
M1-Always on
M2-Slow flashing

Massage Cream(Essence Oil)+Device

1. Massage techniques
2. Stand sideways and with both hands applying oil. Slide from Baliao(eight sacral foramina)area to waist and lift from there to the buttock, 3 times.
3. Push Baliao(eight sacral foramina)area with both thumbs, 3 times.
4. Caress the treatment area for 3 times. Then press Qihaihu(BL23), Baliao(eight sacral foramina), Changgqian(DU1), Huantiao(GB30),and Chengfu(BL36), 3 times.
5. Caress the treatment area,3 times.
6. With the left first and the right after. Push upwards from thigh root to belt vessel along Blader Meridian(BL), Kidney Meridian(KI), and Gallbladder Meridian with both hands doing it

Technique 3



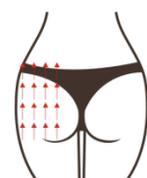
Technique 4



Technique 6, 14, 17



Technique 7, 10



<p>M3-Fast flashing</p>	<p>respectively, 3 times.</p> <ol style="list-style-type: none"> 7. Push upwards from thigh root to belt vessel along Blader Meridian(BL), Kidney Meridian(KI), and Gallbladder Meridian with both hands doing it respectively, 3 times. 8. Lift upwards from thigh root to belt vessel with both palms overlapped, 3to 5 times. 9. Lift upwards from the twoside of buttock to the highest point on the buttock in line by line manner, and lift back and forth, 3 times. 10. Repeat technique No.7. 11. Caress the treatment area. 12. Do the same on the other side 13. Treatment done. 14. Vacuum RF techniques-Lift one line after another from the thigh root to belt vessel, 3 times. 15. Lift upwards from the two side of buttock to the highest point on the buttock in line by line manner, 3 times. 16. Move in small circles on the whole buttock, 3 to 5 times. 17. Lift one line after another from the thigh root to belt vessel, 3 times. 18. Lift upwards from the two side of buttock to the highest point on the buttock in line by line manner, 3 times. 19. Do the same on the other side 20. Laser pad techniques-fasten the laser pads to the fat part on the buttock for 20 minutes. 21. Remove the laser pads 22. Treatment done. 	<p>Technique 9, 15,18</p>  <hr/> <p>Technique 16</p> 
-------------------------	---	---

Course of treatment recommended

Ten treatments is a course. After one treatment, the buttock will be lifted, and the buttock will become hot. After a course, the buttock outlines start to show itself, and excess fat will disappear slowly, and the skin will become tighten. After three courses, gynecological disease like cold body and cold womb will be improved, and menstruation will back to normal, and the effects will be consolidated, which will boost feminine charm.

Leg Sculpting-60 minutes/Once a week

40K:
Suggested time-10 to 15minutes
Suggested energylevel-3 to 7 Mode:
M1- Continuous working mode
M2- Uncontinuous working mode

Vacuum RF:
Suggested time-10 to 15minutes
Suggested energylevel-3 to 7 Mode:
NOR-Default Mode
PRO-Smart Mode
Suction: time for suction Release: time forrelease
Time for suction and release can be set freely.
When the time for release is zero its direct suction mode.

Massage Cream+Gel+Device

1. Massage techniques
2. Treat with the left first and right after. Apply oil from the lower leg to the thigh, and then back to the heel and apply oil on it. Repeat 3 times.
3. Push the entire leg from down to up with the base part of two palms doing it alternately, and then back to heel till it passes over there.
4. Push four channels and collaterals(Bladder Meridian[BL]-Kidney Meridian[KI]-Liver Meridian[LV]-Gallbladder Meridian[GB]) from down to up with the V-shaped webbed area between thumb and index finger of both hands doing it alternately. Repeat 3 times.
5. Push popliteal fossa with two hands doing it alternately. Repeat 3 times.
6. Move up and down in twist manner with two hands doing it alternately. Repeat 3 times.
7. Caress the treatment area. Repeat 3 times.
8. Push four channels and

Technique 2, 3, 4, 5, 7, 8, 9



Technique 6



Technique 12, 15, 17, 20, 23

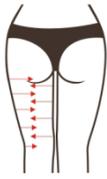


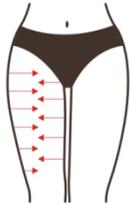
Technique 13, 16, 21, 24



Technique 15, 17, 23



<p>Laser pads: Suggested time-10 to 15 minutes Mode: M1-Always on M2-Slow flashing M3-Fast flashing</p>		<p>collaterals with kneeling fingers doing it from down to up, 3 times.</p> <ol style="list-style-type: none"> 9. Caress the treatment area. Repeat 3 times. 10. Do the same on the other side. 11. Treatment done. 12. 40K techniques-Move upwards to popliteal fossa, and push Bladder Meridian (BL)-Kidney Meridian (KI)-Liver Meridian (LV)-Gallbladder Meridian (GB) successively. Repeat 3 times. 13. Move in small circles on the fat part of lower leg to dissolve fat. Repeat 3 times. 14. Push from down to up till popliteal fossa. Caress with hands at the same time. 15. Starting from popliteal fossa, pushing four channels and collaterals till the thigh root. Repeat 3 times. 16. Starting from the popliteal fossa, moving small circles to the thigh root to dissolve fat. 17. Starting from popliteal fossa, pushing four channels and collaterals till thigh root 18. Moving small circles on the thigh root to dissolve fat. 19. Do the same on the other side 20. Vacuum RF techniques: coupled with hands, lift upwards from heel to popliteal fossa in line by line manner, 3 times 21. Move in small circles on the lower leg, 3 times 22. Move up and down on the 	<p>Technique 13 21</p>  <hr/> <p>Technique 25</p>  <hr/> <p>Technique 26</p>  <hr/> <p>Technique 29, 30, 33, 35, 38, 40, 42</p>  <hr/> <p>Technique 34, 37</p>  <hr/> <p>Technique 36, 41</p> 
---	--	--	--

		<p>lower leg area, 3 to 5 times.</p> <ol style="list-style-type: none"> 23. Lift one line after another from popliteal fossa to the thigh root, 3 times. 24. Move in small circles on the thigh part 25. Lift towards the middle from the two sides of thigh in line by line manner, 3 to 5 times. 26. Lift upwards on the two sides of the thigh in annular motion, 3 times. 27. Do the same on the other side. 28. Foreleg massage: apply oil from the leg to the thigh part, 3 times. 29. Push four channels and collaterals on the leg with the V-shaped webbed area between thumb and index finger of both hands doing it alternately, and push it to thigh root. 30. Push four channels and collaterals with kneeling fingers, 3 times. 31. Treatment done 32. Do the same on the other side. 33. 40K technique: lift from the lower leg to knee along four channels and collaterals (can treat the thigh directly if there is no excess fat on the lower leg) 34. Move in annular motion from the two sides of the lower leg to the knee, 3 times (can treat the thigh directly if there is no excess fat on the lower leg) 35. Lift one line after another from knee to thigh root, 3 times. 36. Move in small circles on the whole thigh part, 3 	<p>Technique 42</p>  <hr/> <p>Technique 43</p> 
--	--	---	---

		<p>times</p> <p>37. Lift in annular motion from the knee to thigh root,3 times.</p> <p>38. Lift one line after another from the knee to thigh root,3 times</p> <p>39. Vacuum RF techniques: repeat the same as to the lower leg(can treat the thigh directly if there is no excess fat on the lower leg)</p> <p>40. Lift one line after another from knee to thigh root</p> <p>41. Move in small circles on the thigh.</p> <p>42. Lift towards the middle in line by line manner on the two sides of the thigh, 3 to 5 times</p> <p>43. Lift upwards with annular motions on the two sides of thigh, 3 times.</p> <p>44. Do the same on the other side</p> <p>45. Laser pads techniques-fasten the laser pads to the fat part on the leg for 15 minutes.</p> <p>46. Remove the laser pads</p> <p>47. Treatment done</p>	
--	--	---	--

Course of treatment recommended

Ten treatments is a course. After one treatment, the left will become relaxed, and the circulation will be accelerated. After a course, the leg will become thin, and an obvious sense of tightening can be felt due to the contraction effects caused by the skin collagen.

After two courses, the leg will become slim and tightened with an obvious effect. After three courses, the effects will be consolidated. Super RF and super ultrasound stimulate skin dermis and produce collagen continuously, therefore its effects will become more and more obvious.